

# How to Make an Apron:

## 6 Free Apron Patterns



ALLFREESEWING

## **How to Make an Apron: 6 Free Apron Patterns**

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## Letter from the Editors

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Hello, Sewists!

If you think aprons are old fashioned, this free eBook will prove you wrong. There are a few vintage patterns, but the others are refreshing takes on free apron patterns. Many people think that aprons have to be plain white or solid colors; however, all of these aprons are pretty colorful and have fun designs on the fabric. Your cooking experience can be less of a chore with a cool DIY apron. Learn how to make an apron that will suit your needs in the kitchen, but also express your personality with the *How to Make an Apron: 6 Free Apron Patterns free eBook*. There are even a few patterns for your little chefs! Don't worry, your next free apron pattern is in this eBook, so take a good look.

From a quick DIY apron like the Fat Quarter Half Apron (pg. 27), to a longer free apron pattern like the Pioneer Free Apron Pattern (pg. 7), these six free apron patterns will inspire your creativity and your cooking. Download this free sewing patterns eBook, and start making an apron today!

You can find more tutorials, tips, and decorating ideas at [www.AllFreeSewing.com](http://www.AllFreeSewing.com).

Our eBooks, like all our free sewing patterns, are absolutely FREE to members of our crafting community. Please feel free to share with family and friends and ask them to sign up at our website for our [free e-mail newsletter](#).

Happy Sewing,

*The Editors of AllFreeSewing.com*

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## How to Make an Apron: 6 Free Apron Patterns

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## Bistro DIY Apron

By: [Melissa Peda for Coats & Clark](#)

Spice up your home cooking by making this Bistro DIY Apron. This easy sewing pattern uses FreeSpirit Ansonia fabric and twill tape or ribbon for the ties. You will follow a block template in this sewing tutorial and we promise it will be easy, even for someone who isn't experienced in sewing. It even includes directions to make the DIY apron sturdier if you're a messy cook. If you're not cooking one night, you can make this apron instead because it'll only take you an evening to finish!



### Materials:

- 5/8 yard (.62m) FreeSpirit Ansonia by Denyse Schmidt
- 2 1/4 yds. (2m) Twill tape or ribbon for ties, cut in half
- Coordinating Coats & Clark Dual Duty XP® all-purpose thread

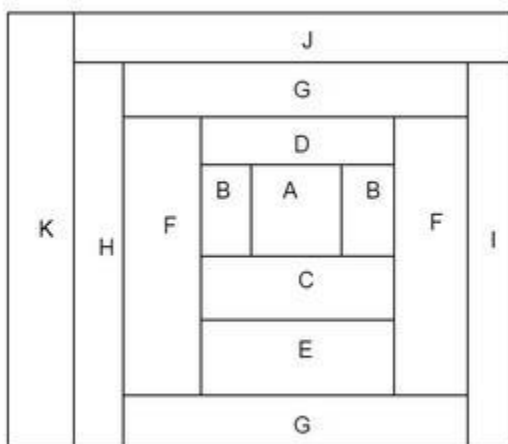
### Notes

- Seam allowances are 1/4" (.64cm) unless stated otherwise.
- WOF means Width of Fabric.
- To make the apron sturdier, line the apron with another layer of quilting cotton in a coordinating print or a utility fabric such as duck cloth or twill. Cut the lining piece the same size as the apron. Use the same method as the pocket lining assembly to join them together. You will not need to turn the edges under. Simply topstitch around all edges for a smooth finish.

## Instructions:

1. Starting in the center with 2 1/2" (6.35cm) square, add pieces in alphabetical order following the diagram. Trim to 12 1/2" x 10 1/2" (31.75 cm x 26.7cm).
2. Sew lining to pocket, right sides together, leaving a gap of approximately 3 1/2" (8.9cm) for turning. Clip corners. Turn inside out and press. Topstitch around edges.
3. Turn edges of apron under 1/4" (.64cm). Press. Turn under again. Press. Edgestitch.

Block Template for Ansonia Apron



A = 2 1/2" square  
 B = 1 1/2" x 2 1/2"  
 C = 4 1/2" x 1 1/2"  
 D = 1" x 4 1/2"  
 E = 4 1/2" x 2 3/4"  
 F = 2 1/2" x 6 3/4"  
 G = 8 1/4" x 2"  
 H = 1 1/2" x 9 1/2"  
 I = 2" x 9 1/2"  
 J = 11" x 1 3/4"  
 K = 2" x 10 1/2"

A = 6.35 cm square  
 B = 3.81 cm x 6.35 cm  
 C = 11.43 cm x 3.81 cm  
 D = 2.54 cm x 11.43 cm  
 E = 11.43 cm x 6.99 cm  
 F = 6.354 cm x 17.15 cm  
 G = 20.96 cm x 5.1 cm  
 H = 3.81 cm x 24.13 cm  
 I = 5.1 cm x 24.13 cm  
 J = 27.94 cm x 4.45 cm  
 K = 5.1 cm x 26.67 cm

4. With the top edge of the pocket 4" (10.16cm) from top edge and centered across apron width, pin pocket in place along sides and bottom. Top stitch in place.
5. Cut twill tape length in half. On the wrong side of apron, place one blunt edge of twill tape against the folded edge of apron at the top back on one side. Fold twill tape over, away from apron edge and pin in place and sew to secure. Repeat for other side.
6. Cut ends of twill tape on diagonal to minimize fraying.

## Pioneer Free Apron Pattern

By: [Katie Clark from Clarks Condensed](#)

Not all free apron patterns are created equally and this how to make an apron pattern is entirely unique. The Pioneer Free Apron Pattern is a sewing project for beginners that is so old-school that you will feel like Laura Ingalls Wilder when you wear it while cooking. This vintage sewing pattern was designed to look like the long apron patterns of the pioneer days and is surprisingly easy. It would make a fabulous DIY Halloween costume or a great addition to Pioneer Days. This pattern uses just over a yard of cotton fabric and will take you several hours to sew.

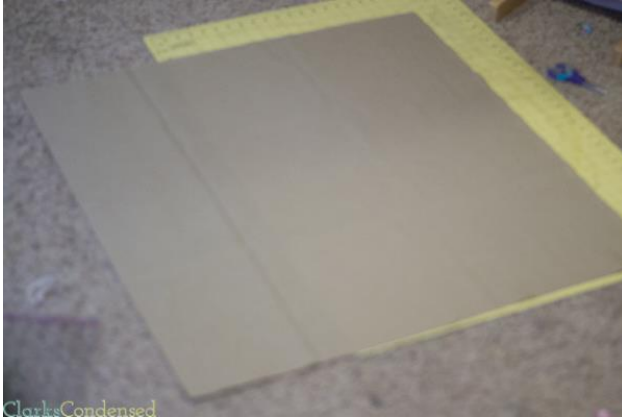


### Materials:

- 1.25-1.5 yards of sturdy cotton or other material. Thicker is better
- Matching Thread
- Lace if you want it
- Scissors
- A rotary mat and rotary cutter makes it a lot easier!

**Instructions:**

1. Measure how long you want the apron band to be at the top of the apron and how long you want the apron to be. Then, multiply the band length by 1.5. Write these measurements down.
2. Cut out a large square/rectangle that is the length that you want the apron to be and the width as long as the band (times 1.5).



3. Create the band for the apron – cut a strip of fabric that is the length you want it to be, and the width to be twice as thick as you want the final product to be.
4. Fold this piece of fabric in half length-wise. Feel free to iron it, and then sew along the open edge (length-wise) from one end to the other.
5. Gather the top of the apron to be the length that you will end up making the apron band. Take your apron band and line it up with the apron to make sure you get it right. Gathering can be done by hand or with a sewing machine.





6. Take the apron band and place it with the sewed seam lined up with the ruffled edge (see the picture below) on the front of the apron. You don't want the rough edges to show on the final project, so making sure you sew it this way is very important. Sew from one edge to the other until the band is secure in place. Then, iron the band once it's attached so it lays flat.



7. Next, cut two long strips of fabric for the apron strings. You'll want to make these to be twice the width of the sewed on apron band, and the length should be about 1.5 times the length of the apron band.



8. Fold the strips in half length-wise and sew along the rough edge. Iron, and then turn inside out so there are no rough/sewn edges being shown.



9. Sew one strip to the end of each end of the apron band, right sides together. At this point, you can be done – just make sure you trim off an extra thread! However, if you want to do pockets or add lace, continue on.



## Adding Pockets

10. Measure out a square to be about 1 inch longer and wider than you want the final pockets to be. If you want the pockets to be square, cut them out at this point and then skip to step twelve. If you want them to be rounded, continue to step eleven.



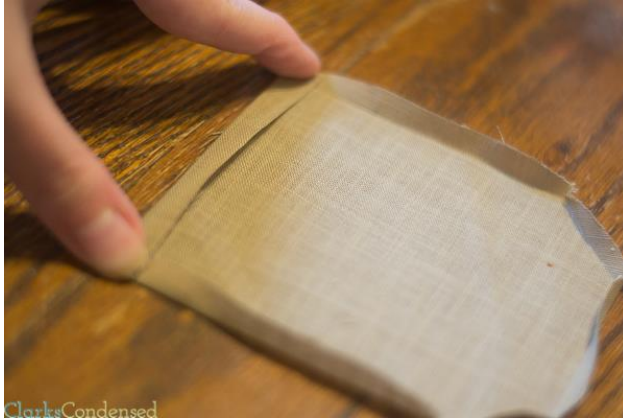
11. Place a small cup or bowl on the fabric so you can easily draw a rounded edge along the two bottom corners of the pocket, and then cut it out.



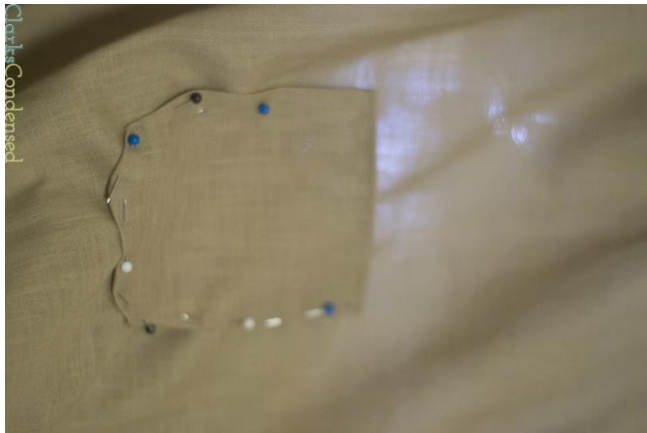
12. Fold in the edges like demonstrated below. It is easiest if you press these in place with an iron, but you can finger press them as well



13. Sew along just the folded edge that is at the top of the pocket. Make sure when you sew, it sews over the top of the two folded edges attached to it for the sides of the pocket.



14. Pin the pockets to the front of your skirt where you want them to be place (wrong side/backside of the pocket the right side/front side of the apron.)



15. Sew along the edges, removing pins as you go and making sure the folded edges stay underneath and sewn. This can be a bit tricky, which is why pressing them with an iron makes it a little easier!

### **Sewing Lace on Bottom**

16. This is totally just for fun and to make the apron look a little prettier. All you need is to cut a piece of lace (about two inches wide) that is the length of the bottom of the apron.

17. Sew the top edge of the lace to the raw edge of the apron and then turn it out and gently press with an iron.



For even more apron patterns, check out our collection of [How to Sew Aprons: 42 Free Patterns for Aprons!](#)

## Little Mary Sous Chef Apron

By: [Remona Gopaul from the Stitching Scientist](#)

If you are a mom, you probably have a little sous chef in the kitchen with you every time you cook. Let your little one be part of the cooking and baking process and they will feel extra special. This free apron pattern shows you how to make an apron that is the perfect fit for a toddler. The Little Mary Sous Chef Apron is easy to make, extra adorable, and makes a great surprise for you kiddo. This sew for kids pattern will make them feel included and proud of anything they help cook or bake. Your cooking experience will be double delicious with this free apron pattern.



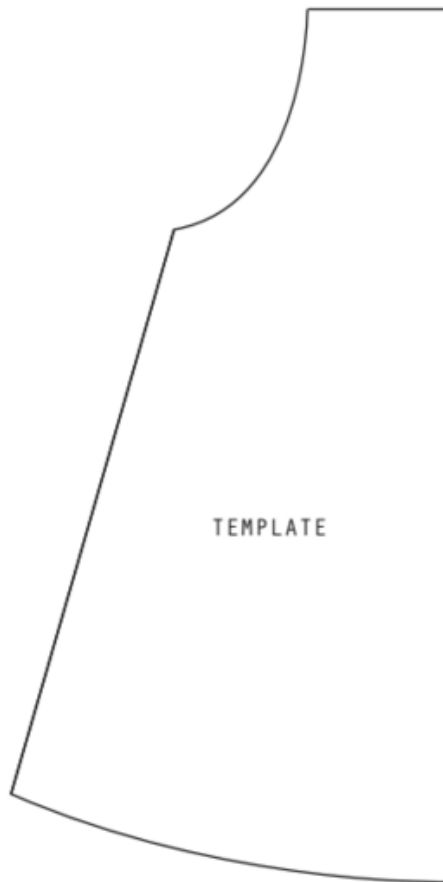
### Materials:

- 1/2 yard main fabric
- 1/2 yard main fabric in other color
- 2 yards ribbon or fabric strip
- Printed pattern

### Notes:

- Scaled at 100%, the printed pattern will fit a 3-4 year old average girl perfectly.
- You can also choose to add 1 or 2 pockets or none at all based on your preference.

TODDLER APRON  
THE STITCHING SCIENTIST



PRINTING INSTRUCTIONS

PRINT 6 PAGES SCALED AT 100%  
ASSEMBLE PAGES A-F TO LOOK LIKE THE  
TEMPLATE ON THE LEFT. CUT ONE LINING  
ON FOLD AND ONE LINING OF MAIN  
FABRIC.

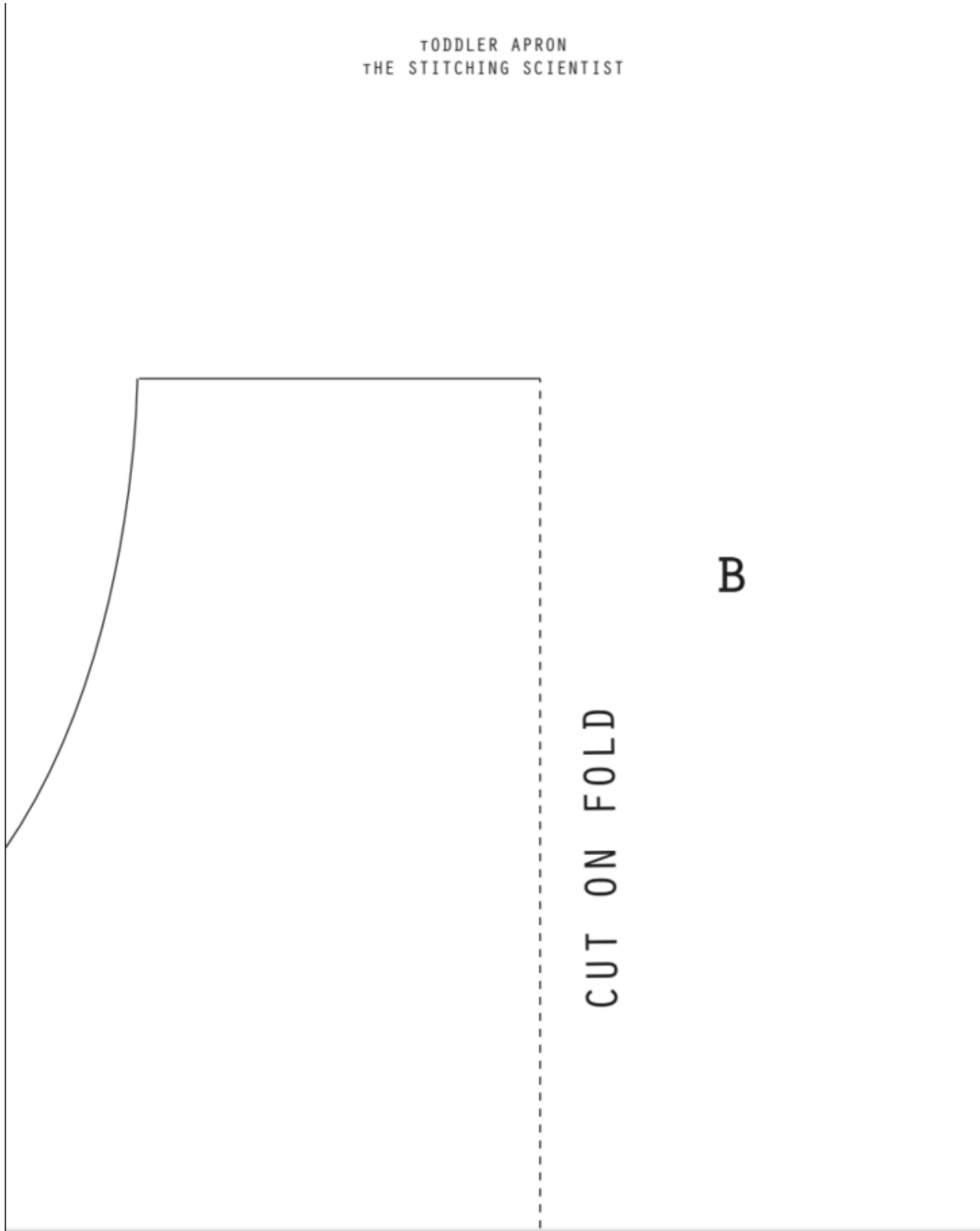
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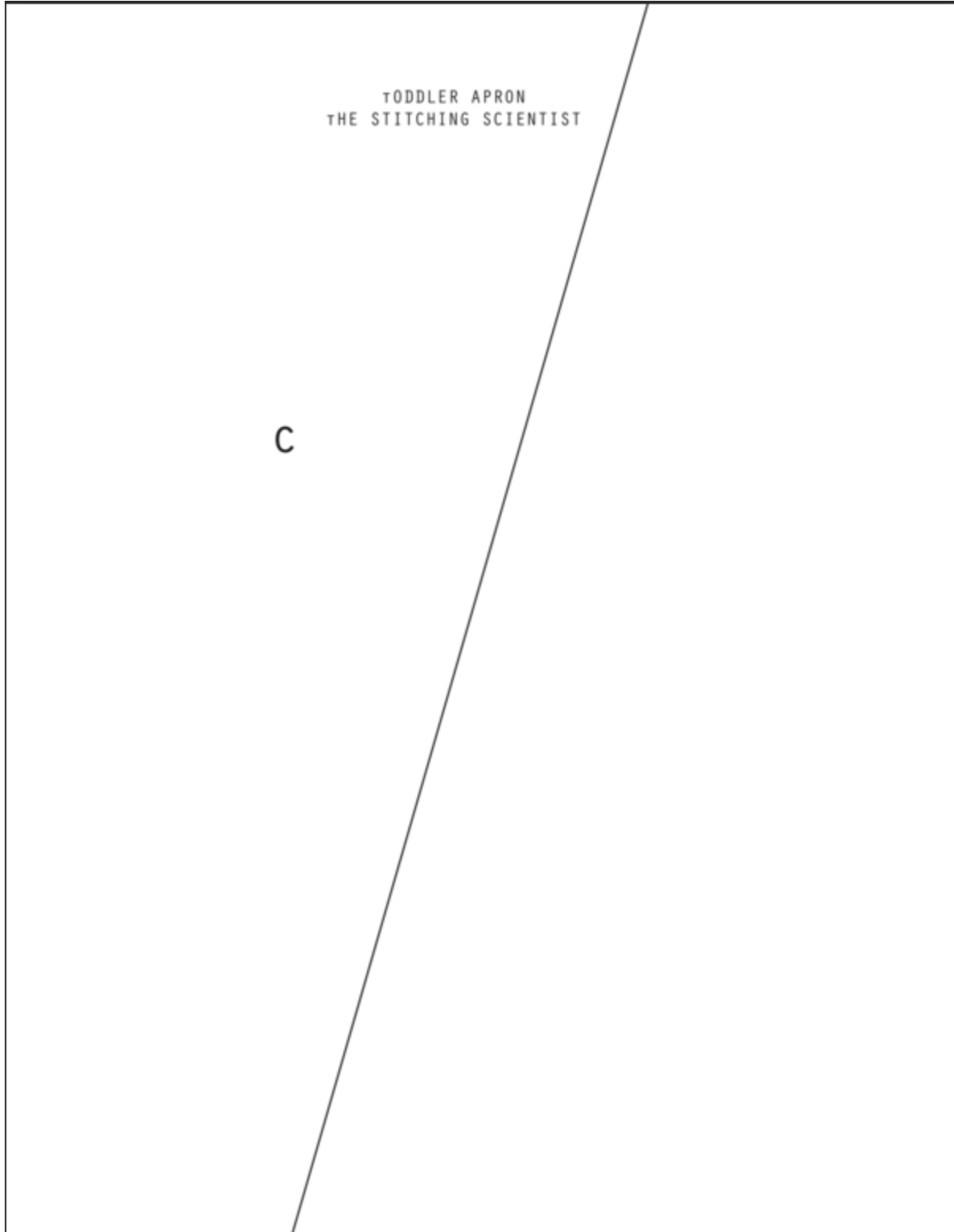
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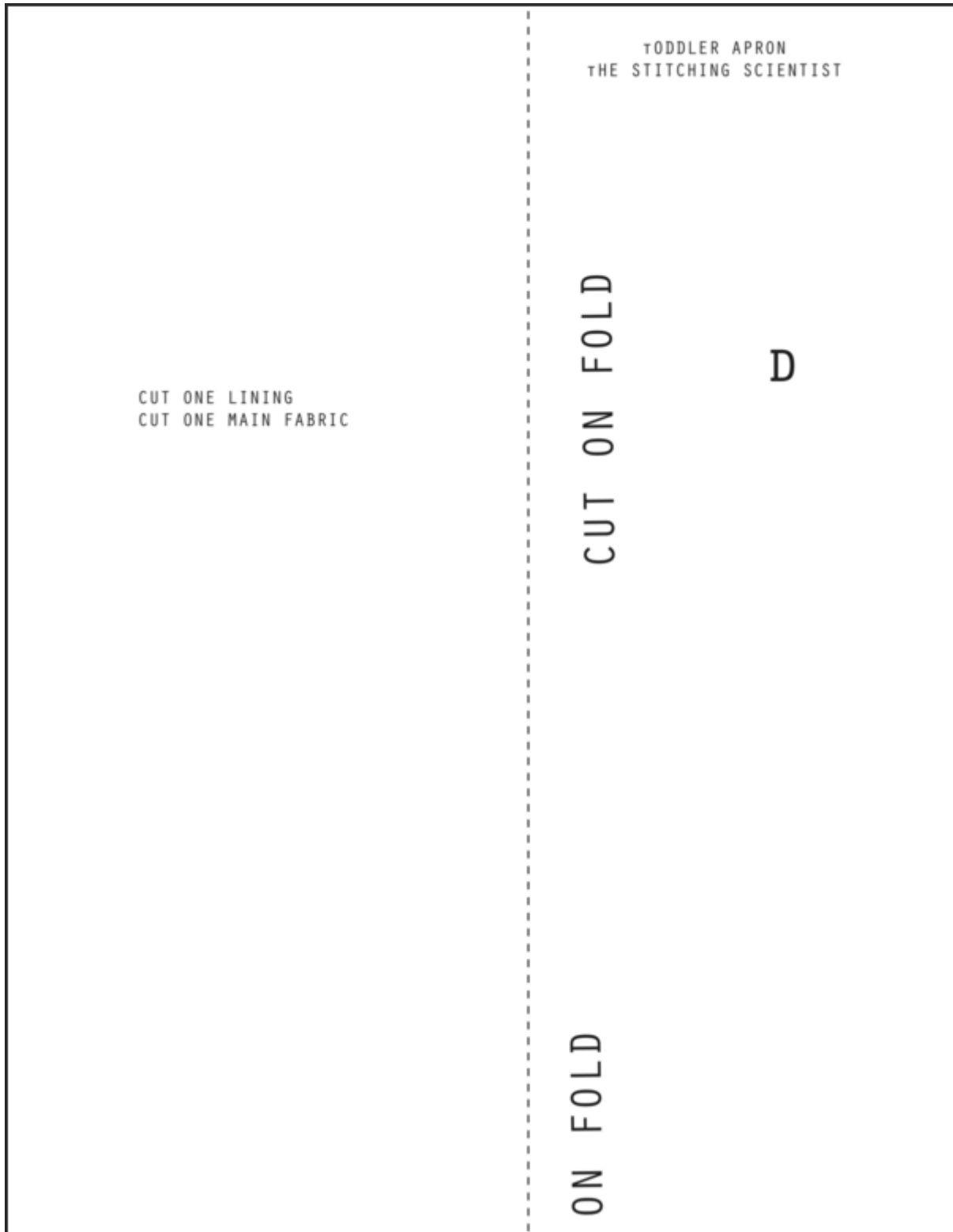


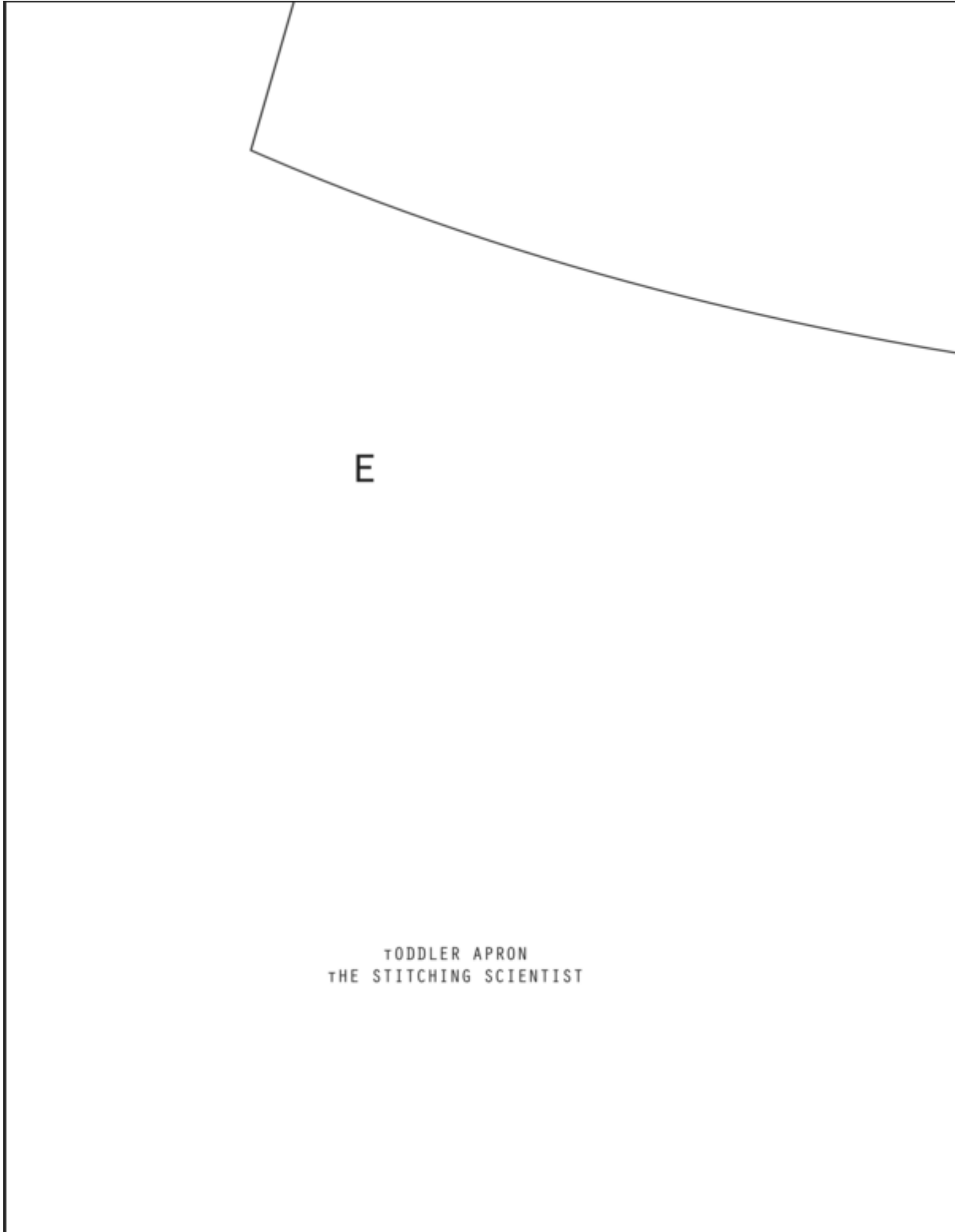


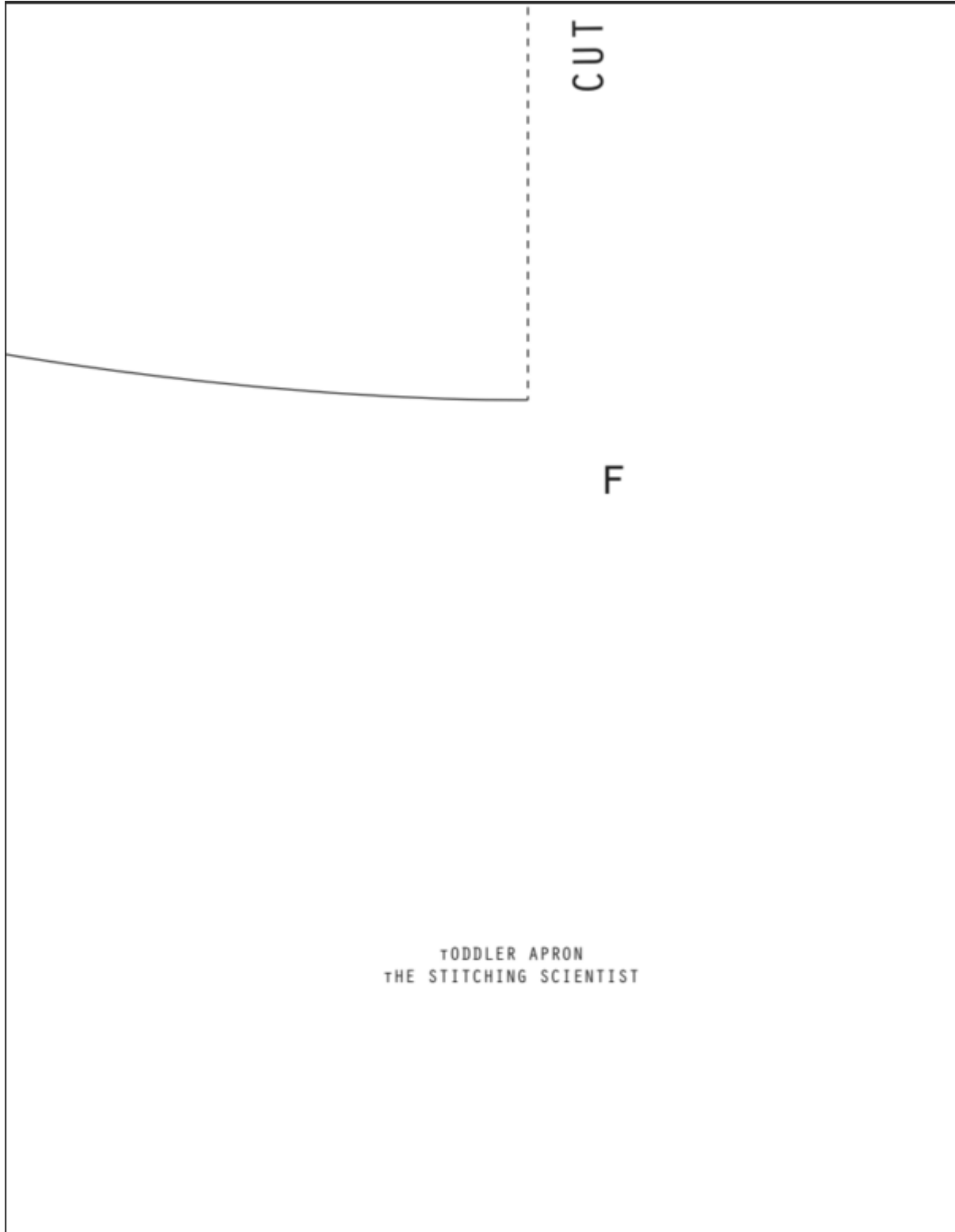
TODDLER APRON  
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**Instructions:**

1. Cut a 15" ribbon for the neck and 2 18-20" ribbon for the side ties. Pin the ribbon on the right side of the main fabric (either one). You actually need to pin ribbons about 1/2" away from the corners. Sorry, I repinned after I took this picture.



2. Sew the two main fabrics right sides together, leaving about 5" opening on the side.



3. Turn the apron inside out and top stitch all the way around.



4. Accessorize based on your preference. You can add pockets if you desire.

## Classic Aubrey Hepburn Apron

By: [Gloria from Domestic Diva](#)

No one says elegance and femininity like Audrey Hepburn, which makes the Classic Audrey Hepburn Apron pattern perfect for any sewist looking for a touch of grace in the kitchen. This DIY apron has a vintage touch with a modern print style. Add a gorgeous image to a plain apron with paint and follow the free sewing apron pattern to see how else you can get girly with your sewing. This cute apron pattern also shows you how to add embellishments and details that will make this chic and classic apron look professional. Learning how to sew an apron has never been this classy!



### Materials:

- 2 yards white fabric
- 1/3 yard sheer fabric
- 1 1/3 yard polka dot ribbon 1.5" wide
- Rhinestone buckle
- Sewing notions
- Basic apron pattern like See & Sew Pattern B51125
- Painters tape
- Paper towels
- Airbrush kit
- Black Tie paint color pouch
- Repositionable adhesive stencil spray



### Notes:

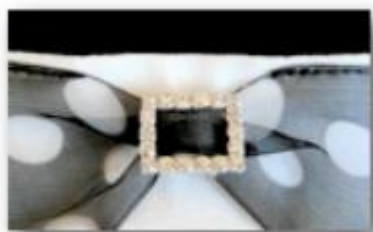
- Before painting, always wash and dry fabric (without fabric softener) and cover exposed fabric to prevent accidental over spray during painting.
- Not all paints can be set in the same way. Be sure to read the directions on the paint you choose.

### Instructions:

1. Cut out all pattern pieces being sure to cut straight across the top of the apron. Trace fabric to create a matching interfacing.
2. Press a soft crease in the apron from the neckline to the hem to mark the center.
3. Prepare the fabric for painting by slipping cardboard under it. Spray adhesive on the back of the stencil then center it on the big portion of the apron. The top of the image should be about three inches down from the top edge of the fabric.
4. Spray the stencil. When paint is completely dry, remove the stencil. With a protective cloth over the ironing board, press the back of the painted fabric for 30-45 seconds to set the paint.



5. Sew the facing onto the top of the apron. Press the facing to the wrong side.
6. Thread the ribbon through the rhinestone buckle. Pull the ribbon taught across the top of the apron and pin in place. Sew both edges of the ribbon to the apron stopping about the one inch from the center.



7. Sew the sheer fabric across the bottom of the apron and finish off the seam with zig zag stitching or a serger.
8. Align the ribbon to the seam where the sheer and white fabrics meet and pin in place. Stitch across both ribbon edges.



9. Using a rolled hem on the serger machine, stitch across the raw edge of the sheer fabric. If you don't have a serger you can use a close zig zag stitch or some other decorative stitch.
10. Continue making the apron per the pattern instructions.



## Fat Quarter Half Apron Tutorial

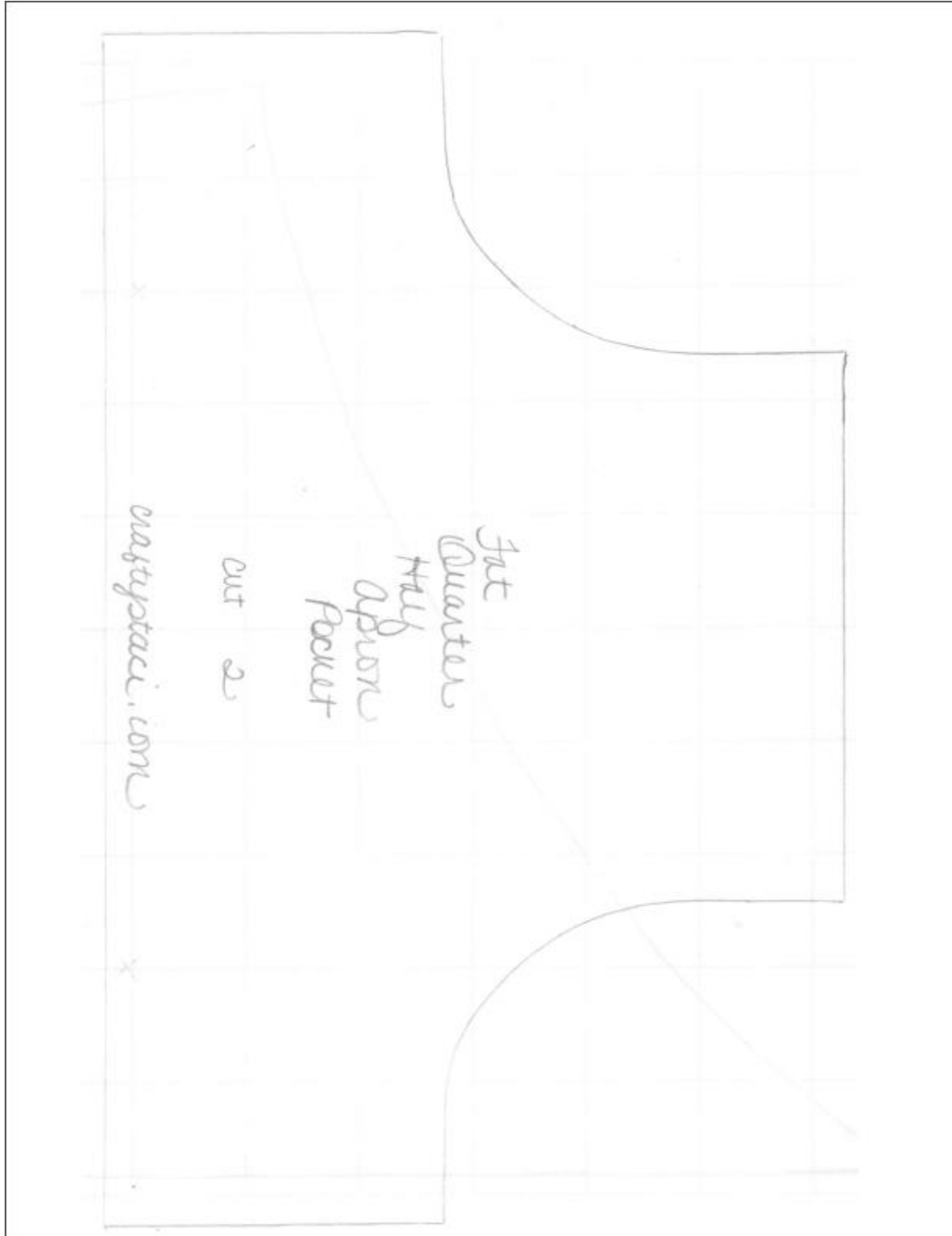
By: [Staci from Crafty Staci](#)

If you have two fat quarters waiting to be sewn, follow this Fat Quarter Half Apron Tutorial to put them to good use. This sewing tutorial will walk you through how to make this half apron with pockets, which will be very handy in the kitchen. The best part about this apron tutorial is that all you need are the two fat quarters! It should only take you an afternoon or an evening to complete this sewing pattern. Because it won't take much time or many materials, you'll have enough time and money to put towards cooking something in your new apron.



### Materials:

- 2 fat quarters
- Pocket Pattern (below)



### Instructions:

1. From the first fabric, cut:
  - Apron skirt – 21” x 19”
2. From the second fabric, cut:
  - Bottom edge trim – 21” x 4”
  - Waistband – 21” x 4”
  - Ties (cut two) – 21” x 2 1/2”
  - Pockets (cut two) – from pattern
3. Sew the two pockets, right sides together, leaving a 2” opening at the bottom to turn. Clip the corners.



4. Turn the pocket right side out and press, turning in the opening. Place the pocket, centered on the skirt, 6 1/2” from the top edge. Stitch around the straight edges of the pocket, leaving the two curved sides open.



5. Fold the bottom edge trim in half with wrong sides together. Press the fold. Open back up and line up one edge with the bottom edge of the apron skirt, right sides together. Stitch. Press seam toward the trim.



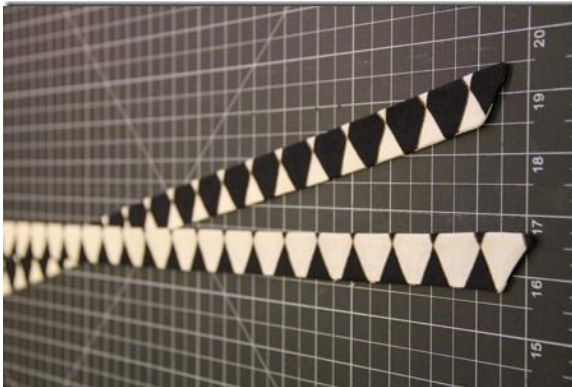
6. Repeat the same process with the waistband, stitching it to the top of the skirt and pressing the seam toward the waistband.



7. Create a 1/4" rolled hem on each side by folding the edge under 1/2", then folding the raw edge in 1/4". Stitch.



8. Fold tie the long way, right sides together. Stitch near edge, angling at the end if desired and leaving the opposite end open. Turn and press.



9. Turn the raw edge of the waistband under 1/4" and press. Fold in along the previously pressed center line, so the folded edge covers the seam on the back. Tuck the raw end of the tie into the end of the waistband. Stitch near the bottom edge and down the sides of the waistband.



10. Repeat with the bottom trim, leaving out the ties.



## Little Birdie Girl's DIY Apron

By: [Fat Quarterly for Coats and Clark](#)

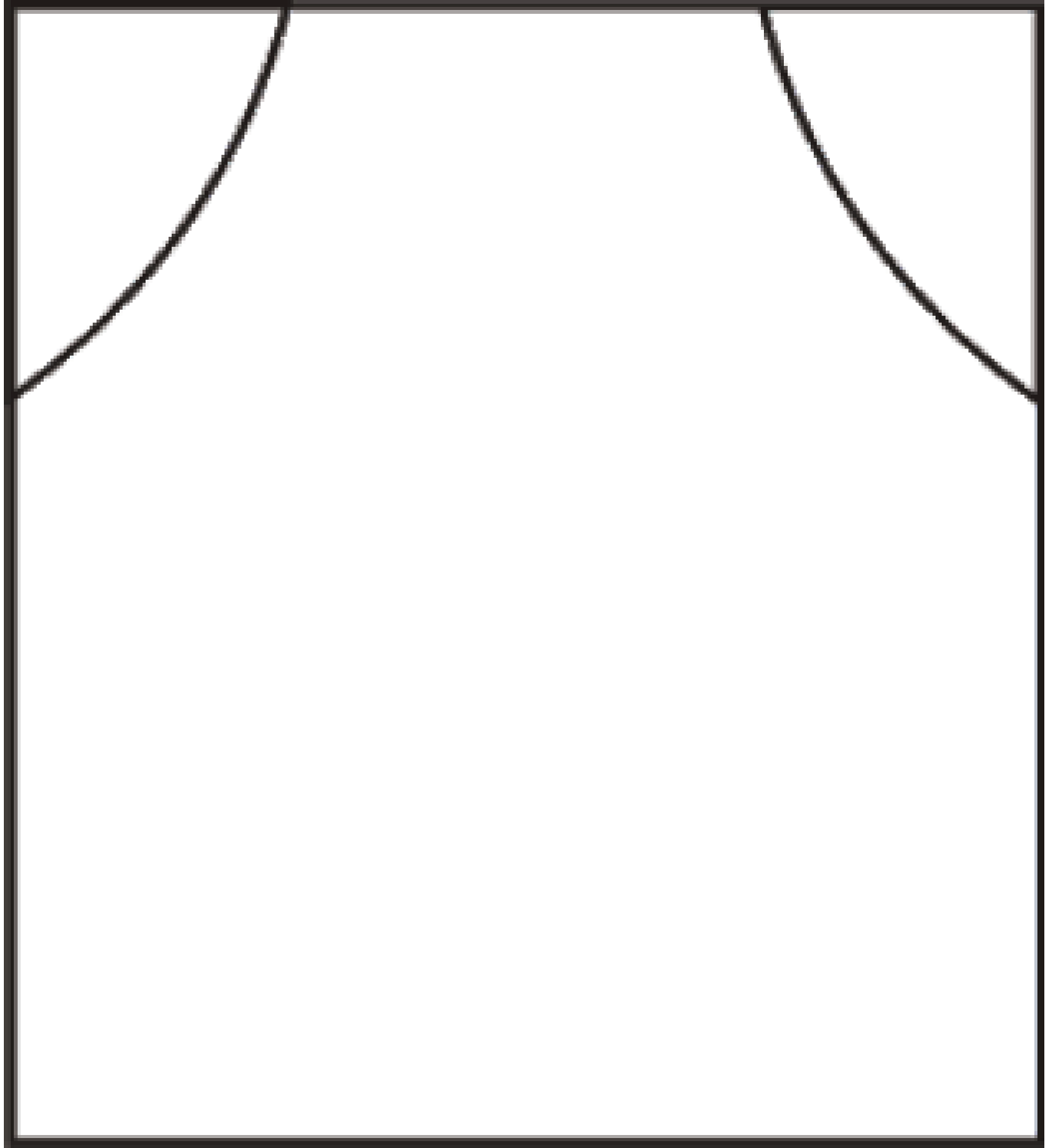
If you've got a free evening, you should use it to make this Little Birdie Girl's DIY Apron! The fabric it uses is from FreeSpirit's Novella collection and it has an adorable pattern on it for your mini chef to wear. Your little girl will fly around the kitchen with excitement in this apron and it's nice and long in case she makes a mess while cooking. The ruffles on the bottom of the pattern make it even cuter. Just follow this sewing tutorial and you'll be able to get started as soon as you have the fabric.



### Materials:

- FreeSpirit fabric from the Novella collection:
- 2 pieces 15 ½" x 17 ½" for front and back of apron
- 2 strips 1 ½" x 15 ½" of white solid
- 6 ½" x 30" of fabric for ruffle
- 2 strips 3" x WOF for neck and ties
- Cut this into 2 strips 3" x 18" and 2 strips 3" x 17"
- Coordinating Coats & Clark Dual Duty XP all-purpose thread





## Instructions:

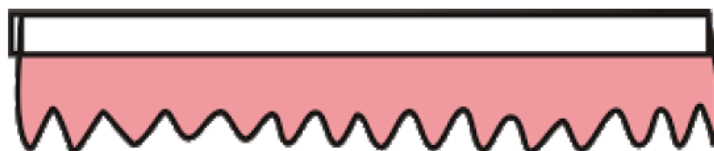
1. Print out template.
2. Align the template with the top-left and top-right of the front and back pieces as shown. Draw around the template and cut out.
3. **Make the Ruffle**
  - Fold the 6 1/2" x 30" ruffle strip in half lengthways with right sides facing. Sew the short ends together.



- Trim the seams in the corners to remove excess fabric, turn right side out and press.
- Change your machine's stitch length to the longest setting possible. Start by leaving a long thread and sew just under 1/4" from the top, across the open long edge of the strip. Leave a long thread at the end.
- Take either the bobbin or the front thread at one end of the seam. Gently pull on the thread to gather the fabric. Continue to gather the fabric evenly across the strip. Pull gently or the thread may break. If the thread does break you will have to re-do this step.



- Continue to gather until your strip measures 15 1/2". Use the white 1 1/2" x 15 1/2" strip as a guide. Change your stitch length back to your normal setting and stitch to secure the gathers in place, about 1/8" from the top.
- Pin one of the white 1 1/2" x 15 1/2" strips across the top of one side of the gathered strip and stitch in place with a scant 1/4" seam allowance.
- Pin the other white 1 1/2" x 15 1/2" strip to the other side of the gathered strip and stitch in place using a 1/4" seam allowance.



4. **Make the Ties and Neck Band**

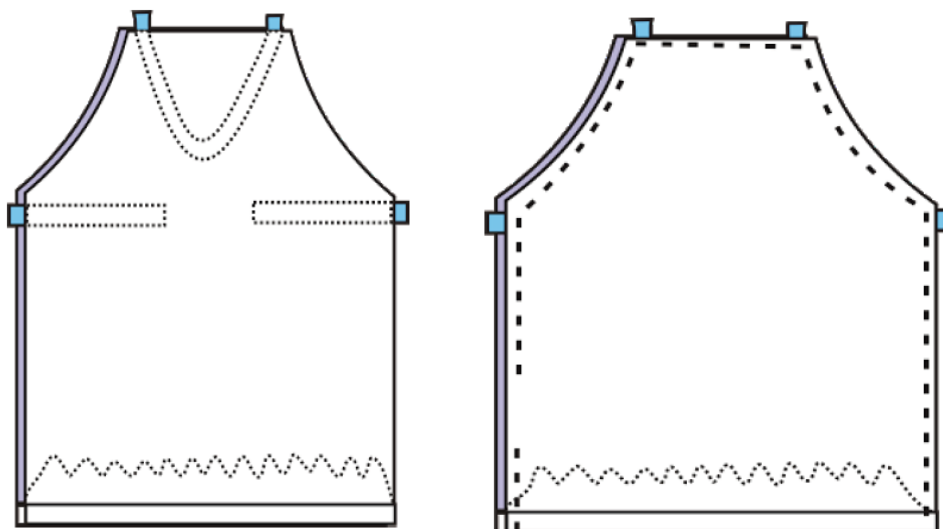
- Fold in the raw edges of one short end of each of the tie strips by about 1/2". Press. Fold the strip in half lengthways and press. Open up and fold each long edge into the centre and press. Topstitch all the way around the edges of the ties.
- Fold the neck band strip in half lengthways and press. Open up and fold the long edges in towards the centre and press again. Topstitch all the way around.

#### 5. Sew The Apron Together

- Sew the front piece to one of the white strips attached to the gathered ruffle.
- Sew the back piece to the other white strip attached to the gathered ruffle.
- Turn the apron so the front and back pieces are right sides facing. You will need to tuck the ruffle inwards so it isn't caught in the seam.
- Position the neck band at the top of the apron, between the front and back pieces and pin in place.
- Position the ties on each side of the apron, just below where the shaping starts.

#### 6. Finishing

- Sew all the way around the 3 open sides of the apron leaving a gap in one of the sides to turn the apron right sides out.
- Turn the apron right sides out and press. Top stitch all the way around making sure to secure the opening you left to turn the apron.



### Special Thanks

[Katie Clark from Clarks Condensed](#)

[Remona Gopaul from the Stitching Scientist](#)

[Staci from Crafty Staci](#)

[Gloria from Domestic Diva](#)

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