



# 7 EASY

♥ VALENTINE'S DAY  
SEWING PROJECTS

## 7 Easy Valentine's Day Sewing Projects

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## Letter from the Editors

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Hi Sewists,

Valentine's Day is always special because no matter who you have in your life, it's the perfect time to show them how much you care. By combining your sewing skills and a little time, you can create wonderful Valentine's Day decorations and gifts. The 7 projects chosen for this free eBook demonstrate how easy it is to make great sewn projects for Valentine's Day. Have fun practicing your craft and make love-ly projects.

Happy Valentine's Day!

You can find more Valentine's Day gift ideas, free Valentine's Day sewing patterns, sewing tips, and more at [www.AllFreeSewing.com](http://www.AllFreeSewing.com).

Our eBooks, like all our sewing projects, are absolutely FREE to members of our sewing community. Please feel free to share with family and friends and ask them to sign up at our website for our [free e-mail newsletter](#).

Happy Sewing,

*The Editors of AllFreeSewing*

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# Felt Heart Memory Game

By: [Disney from Ruffles and Stuff](#)

The felt heart memory game is a simple holiday craft idea to make for Valentine's Day. Make this game for your kids to play with and sharpen their memories at the same time. After indulging in candies during the holiday, this handmade game offers a distracting activity to use up some of that energy.



## Materials:

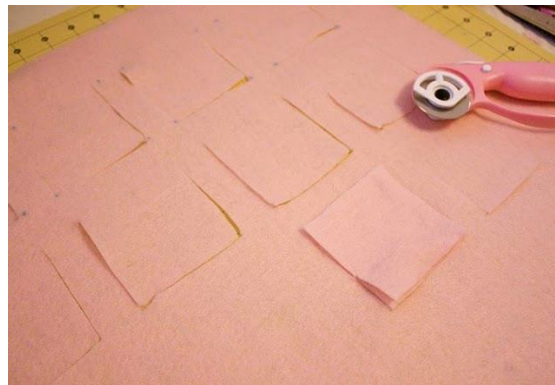
- Two 20" squares of felt and one 20" square of fleece
- Colorful Felt and yarn
- Yarn Darning needles
- Bow for decoration
- Needle Threader or string

## Instructions:

1. Begin by cutting two 20" squares of felt, and one 20" square of fleece.



2. Cut a sample 3"x3" square of felt, and use it as a guide to cut 3" flaps in one of the 20" felt squares, cutting only three sides, with the top connected. You'll want to position the first flap about 2.5" from the top and side edges, with 1" between each flap. Using this formula, you'll have 4 rows of four flaps.

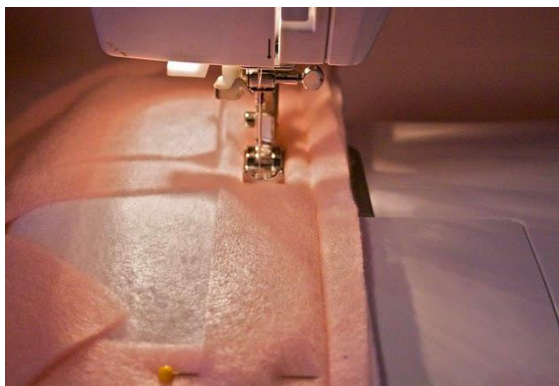


3. Sandwich your fleece square between the two felt squares, and pin well.



4. Adjust your tension to the highest it will go, and use a slightly longer strait stitch to sew all the way around the edge of the squares. It's not necessary to sew two rows around, as shown here, but it looks a little nicer





5. Then, sew a straight line, along the top of each row of flaps, from the corner of the first flap in each row, to the corner of the last flap in that row.



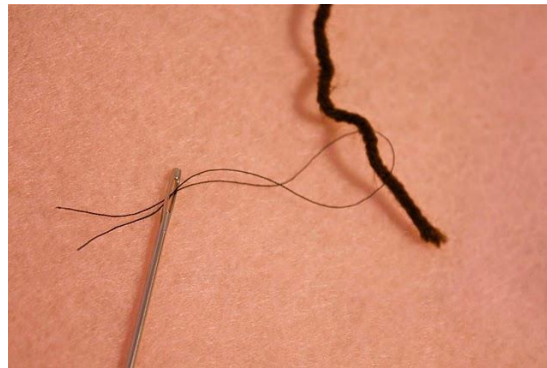
6. Cut a heart out of paper that is about 2.5" at the widest part, and use it as a pattern to cut 4 hearts each of 8 different colors of felt.



7. Get yourself some yarn darning needles.



8. If you don't have a needle threader, use a piece of string. Thread both ends of the thread through your needle, leaving a loop on the other side. Slip your yarn through the loop, and pull the ends of the thread the rest of the way through, to bring the loop and yarn through the eye.



9. Lay two hearts (of the same color) on top of each other, and stitch around the edges. Repeat until all of your hearts are sewn together.



10. Use the same method to attach a 10"x6" felt rectangle to the back, as a pocket to hold all the hearts. Be sure to stitch it only to the back layer of felt, and not through the fleece. Add another heart to the pocket if you'd like.





11. At this point you could be done, but if you'd like to make it fancier, you can stitch some ribbon to the edges and a bow as seen here.



12. Hide the hearts under the flaps, and have fun watching your little one find the matches!



# Valentines For Boys

By: Alexis from Made by Lex

For a Valentine's Day craft that all kids will love, sew tiny football beanbags. Attach these to felt hearts for your little boy or girl to hand out at school. These Valentines for Boys make a cute and very easy beginner sewing project.



## Materials:

- Felt
- Thread
- Dry beans, rice or popcorn kernels

## Instructions:

1. Cut out 2 pieces of felt in the shape of a football. You could do any ball, but if you have a lot of brown felt footballs are a good option.



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2. Add little white details for the laces.



3. Sew around the outside of the felt football, leaving a small opening.



4. Stuff them with dry beans, rice, or popcorn kernels.



5. Stitch the opening closed and you have little bean bag balls! You can attach these to each boy's name on a felt heart tag, too.

# Valentine's Day Cuteness

By: [Rachel from Holy Craft](#)

Create a special shirt your daughter can wear on Valentine's Day with this helpful tutorial. The Valentine's Day Cuteness project is the perfect piece to sew together before February 14<sup>th</sup>. A revised standard tee with a ruffled heart sewn to it, you'll find this process extremely easy to complete.



## Materials:

- White T-Shirt
- Pink Chiffon

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## Instructions:

1. Here's how to refashion the shirt. Take a plain white t-shirt; it's alright if there are stains on it, as it can be covered with your heart.



2. Free hand a heart on the front. In this example pencil was used.





3. Pin the first layer of chiffon around the pencil markings. Sew in place. After the first layer, keep sewing and placing the ruffles down without pinning. Make sure the ruffles don't get caught in each other when you are sewing. About 4 strips of leftover chiffon went into this heart.



4. And there you have it! A full heart.





## Valentines Mail Pouch Tutorial

By: [Kalleen from At Second Street](#)

Follow the Valentines Mail Pouch Tutorial to learn how to make a special holder for the cards and candies your child will receive. This design is great to hold Valentines from school, strictly those from home, and can additionally be adapted for other seasons and holidays.



## Materials:

- Fabric
- Craft interfacing
- Heat and bond
- Matching thread and 2 buttons

## Instructions:

1. First cut out all your pieces.



### For the body

- 2- 9x11" of outer fabric
- 2- 9x11" of lining fabric
- 2- 9x11" of fusible craft interfacing

### For the flap

- 1- 8x8 of outer fabric
- 1- 8x8 of lining fabric
- You can round the end like I did by tracing a bowl.

### For the straps

- 2- 2X8" of outer fabric
- 2- 2X8" of lining fabric

### For embellishments

- 2- 2x9" strips a heart
- 2-x's and 2-o's

You can embellish it however you want. To make attaching and sewing on the pieces easier you can use heat and bond on the back side of the fabric. Then, draw what you want and cut it out.

2. Sew the straps right sides together with a 1/4" seam leaving the top open. Trim the corners. Flip right side out, iron and top-stitch the edges. Add a button hole at the bottom.

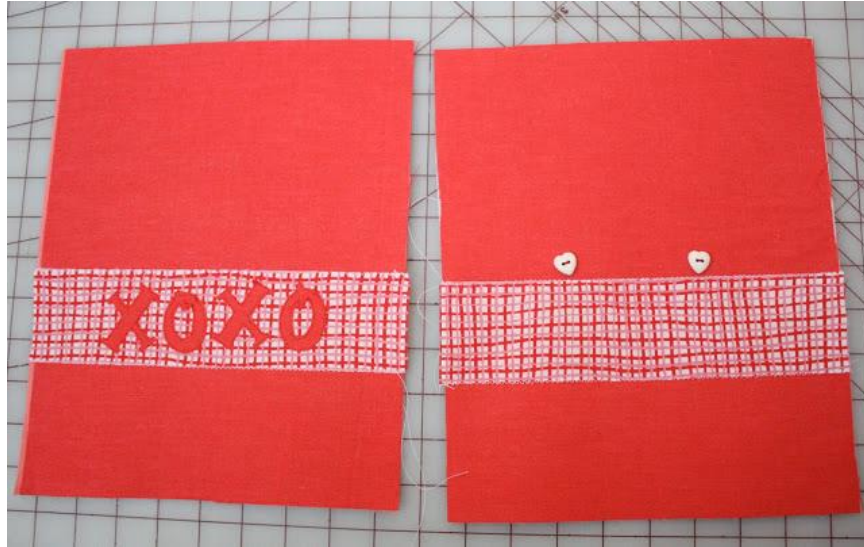


3. Apply embellishment to the front of the flap and stitch it down. Then sew right sides of flap together with a 1/4" seam, leaving the top open. Clip the curved edge of flap. Flip it right side out, iron and topstitch.



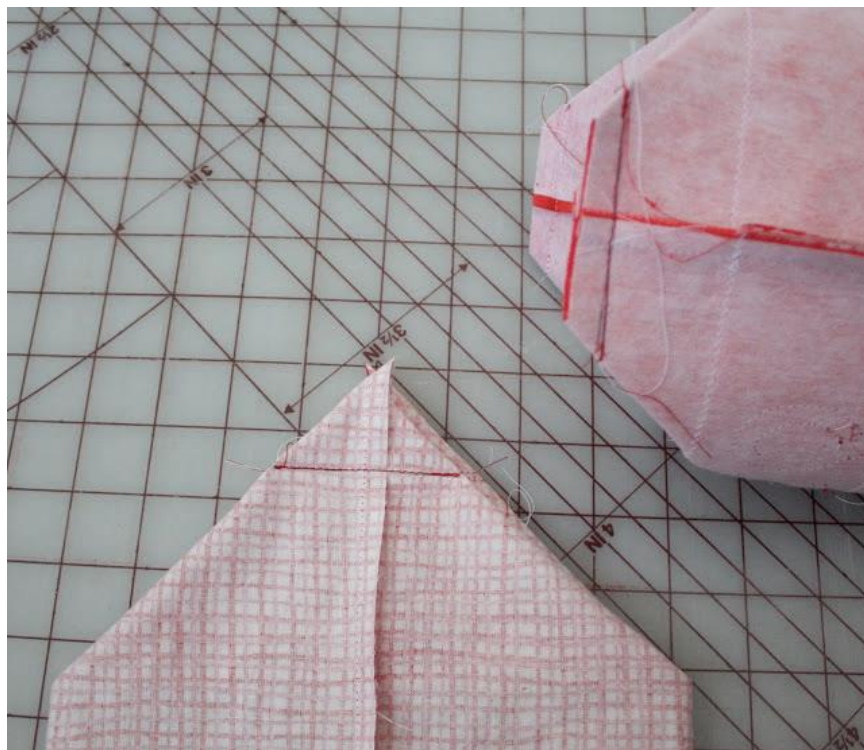


4. Before assembling the body, apply interfacing to the back side of outer fabric. Next apply all the embellishments to the front and back of the outer body pieces. Place your strips 3" above the bottom of the bag. Sew everything down and attach buttons just above the strip or about 3-1/4" above the bottom of the bag.



5. Sew the right sides of the outer pieces together. Then sew the right sides of the lining fabric together leaving a 4" opening in the bottom.

6. Box the corners of both bags by pinching out the corners to create a triangle (see picture below). Using a clear ruler mark a line 1-1/4" down from the point. Make sure your seam is in the center when you draw your line. Then sew over the line. Trim the excess fabric.





7. When you're done with that you should be able to turn them right side out and stand them up.

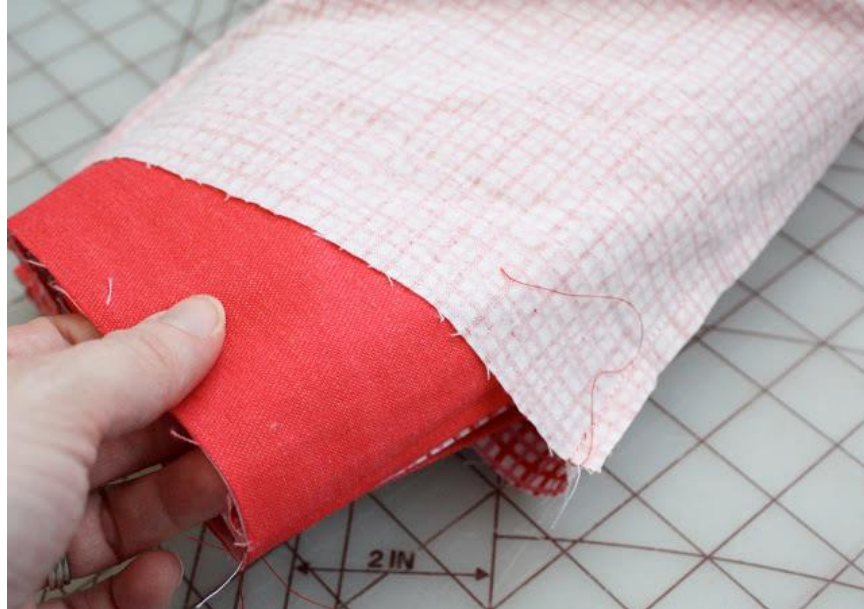


8. To assemble the bag pin the straps  $\frac{1}{2}$ " from the side seams and the flap centered in the back. Stitch across the top of the back with a  $\frac{1}{8}$ " seam to hold everything in place.





9. Next, stuff the outer bag into the lining bag with right sides together.



10. Pin and sew the top together with a 3/8" seam.



11. Now pull the outer bag through the hole in the bottom of the lining.



12. Topstitch around the top of the bag.



You're done!



## Ruffle Heart Banner

By: [Chris from Pickup Some Creativity](#)

Decorate for your next Valentine's Day party with this ruffle heart banner. Use this free beginner sewing projects to learn how to make a banner of hearts to hang on the wall. The various prints lined up next to one another in this garland will spice up any space.



### Materials:

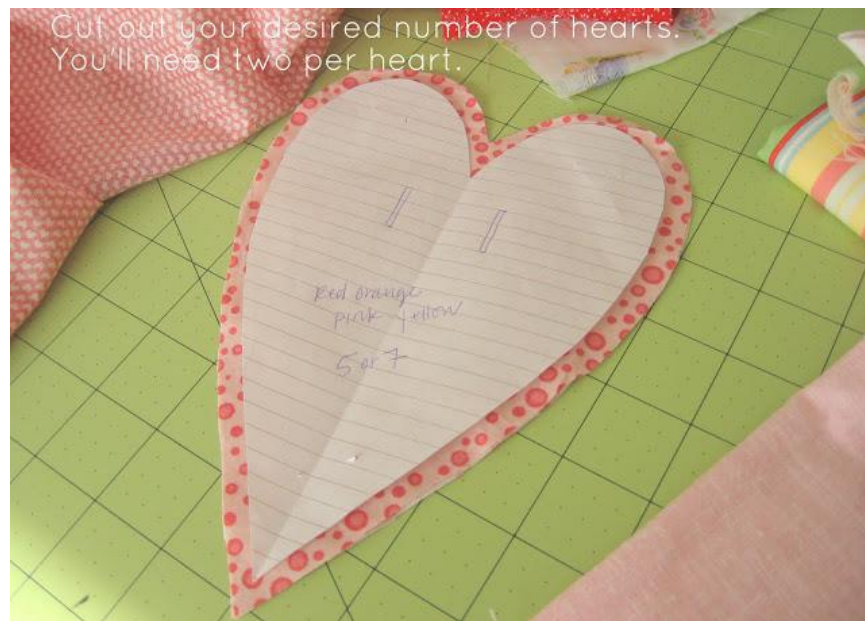
- Scissors
- Pins
- Seam Ripper
- Sewing Machine
- Measuring Tape
- Rotary Cutter, Ruler and Cutting Mat
- 8" by 6" Fabric scraps, two for each heart
- 1" by 40" Fabric strip for ruffle, one for each heart
- Iron-on interfacing, light or medium weight
- 100" Fabric bias tape in coordinating color



- Matching thread
- [Template](#)

### Instructions:

1. Gather your materials and tools, and print the template. Your template is slightly larger than seen here, because this has a seam allowance of 1/4".
2. Print out your template, and cut your desired number of hearts.



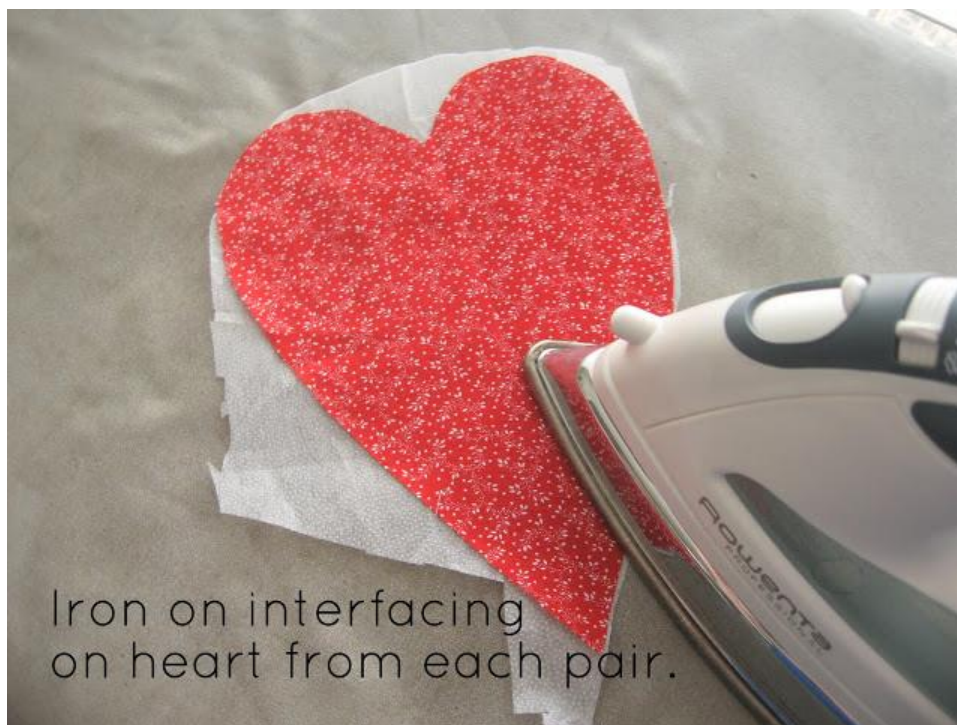
3. Use your first cut out heart as your pattern for cutting the rest.



4. Cut out the number of hearts you want.

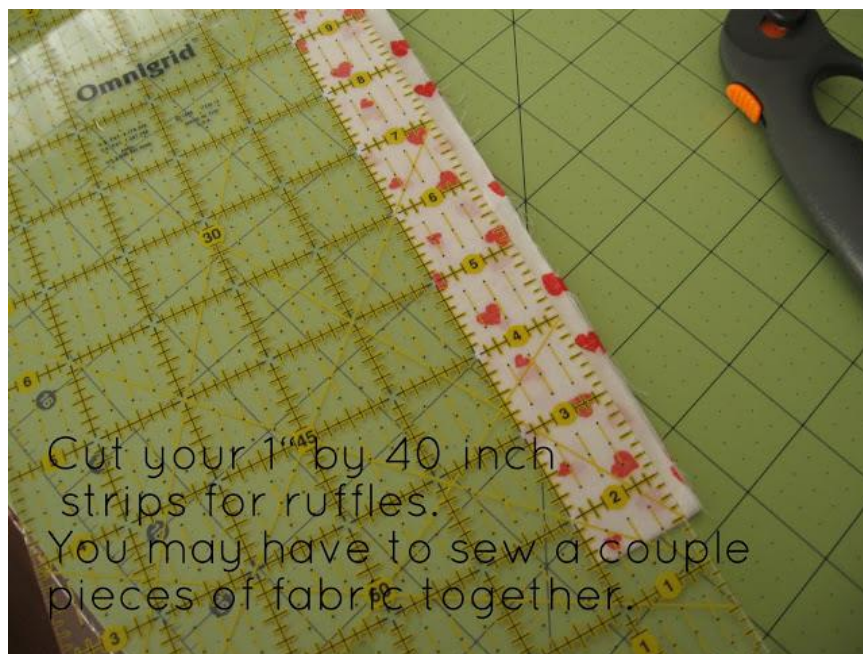


5. Iron on interfacing on heart from each pair.





6. Prepare the ruffles. Repeat for each fabric strip, based on how many hearts you want to make. Cut your 1" by 40" inch strips for ruffles. You may have to sew a couple pieces of fabric together.



7. Iron the ruffle strips in half.



8. Sew a gathering stitch. To do so, using the longest stitch length, sew at 1/8" from the rough edge.





9. Pull one thread and scoot the fabric down to create ruffles.



10. There will be a lot of threads as you gather the ruffle; if this bothers you, sew a small zigzag stitch down the cut edge before you gather. Trim the loose threads. Pin the ruffle to the interfaced heart. To begin, direct the edge of the ruffle strip outwards and pin.



11. Pin the rest of the ruffle to the heart. To begin, direct the edge of the ruffle strip outwards and pin. Repeat until you've covered the outer perimeter of the heart. Tuck the end of the ruffle off the edge to finish.



12. Place the two halves of the heart right sides together, and pin.



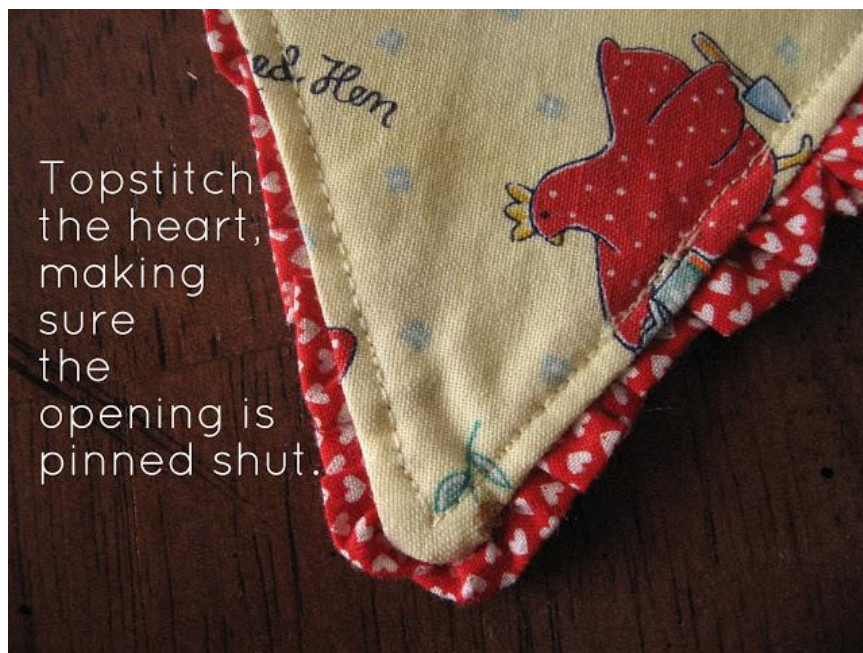
13. Sew the heart together, at just under 1/4". Be sure to leave open about two inches so that you can turn the heart right side out. Before you turn the heart out, cut into the top of the heart to allow the heart to be turned out completely.

14. Snip the top of the heart, then turn the heart right side out.





15. Turn the heart right side out. You can pull on the ruffle to make sure the heart is turned out completely. Iron the seams open, and fold over and pin closed the hole you left open for turning. Topstitch the heart.



16. Using the button-hole template, mark the position of the button holes with a pen. Lay the template on the heart and mark the button holes.



17. Sew the button holes onto each heart.



18. Clip the button holes carefully. You can use scissors or use your seam ripper to open up the button holes.



19. Repeat Steps 1 through 5 for each heart.

20. Sew the bias tape closed. You can make your own bias tape. Or if you wish to, you could use a bias tape maker. Iron the bias tape into shape.





21. Sew the bias tape closed.



22. Thread the bias tape through each heart. Thread the bias tape into the button holes.





23. Continue with each heart. Tie the ends of the bias tape in a bow, and then hang up the banner.



## Felt Heart Brooch or Pendant Necklace

By: Ashton 11

Add a bit of crafty goodness to your Valentine's Day attire with this felt brooch or pendant craft from Ashton 11. This heart craft would also make a great gift for Valentine's Day.



### Materials:

- Felt of your choice of colors
- Scissors
- Various buttons and beads
- Needle and sewing thread or embroidery floss
- One cotton ball for stuffing
- Small safety pin
- Brooch pin
- Shoelace
- [Pattern](#)

## Instructions:

1. Cut two large hearts, and one small heart for each brooch or pendant.
2. Sew the smaller heart centered over the large heart, and sew three buttons on.
3. Layer the two large hearts, and sew around the outside edge with red floss or thread, stopping before you are finished so you can stuff one cotton ball into the heart, then continue to sew closed. (Use 4 strands of thread as a substitute for embroidery floss.)
4. Sew a brooch pin to the back to use as a brooch.
5. TO USE AS A PENDANT: attach a small safety pin to the back, and pass a shoelace or neck cord through to attach the pendant to the cord. (See photo below).



## Valentine Shirt for Child

By: [Jessica from Happy Together](#)

Add some heart-fabric embellishments to a plain white child's shirt for a fun Valentine's Day sewing project. This Valentine's Day craft is a thrifty way to create a festive outfit for your child.



### Materials:

- A shirt to makeover
- Heart Fabric
- Buttons
- Scissors
- Sewing machine, thread, etc.
- Sewing needle and thread (to sew on buttons)
- Iron



## Instructions:

1. Determine how wide and long you want the strip down the middle to be. To determine the width measurement, take your desired width x 2. For the length, add how long you want the strip to be plus how much longer you want to leave for the part to tie and add an extra 1/2 inch for seam allowance. (This example was 13" by 3"). This will be piece one. The second piece you need to cut is for the other tie to make the bow. Take the length of piece one minus the length of the middle strip (the part that will have the buttons on it). Add an extra 1/2 inch for seam allowance. The width will be the same. (This example was 9" by 3").
2. Take the two strips and fold in half, wrong sides facing. Iron.



3. Open pieces up, then fold each side towards the middle crease and iron.



4. Turn up the bottom at each end and iron.





5. Fold back in half and sew down the open side and the bottom that will be left hanging to tie into a bow.



6. Pin the longest piece at the middle top of your shirt.



7. Pin the second piece on the middle a little above where the middle strip will end. This will make sure it is sewn on.



8. Sew down the side right on top of where you had sewn it earlier, but this time it's on the shirt. Then continue sewing around until you have it all sewn on. Tie the ends in a bow.



9. Sew on buttons. I used embroidery thread to extra contrast and a stronger hold.

10. To add a bottom flap, clip at the bottom of the side seams. Cut it to right above the bottom seam.



11. Measure how long the bottom is on the now front flap and the back. This will be the width of your fabric measurement plus seam allowance. (You can add an extra 1/2 inch). For the length, just decide how long you want it to be plus seam allowance. (This tutorial uses an extra 1 inch for seam allowance). Cut two pieces in these measurements.

12. Fold one side end over once, towards wrong side, and then again and iron. Sew down that side. Do the same for the other side.



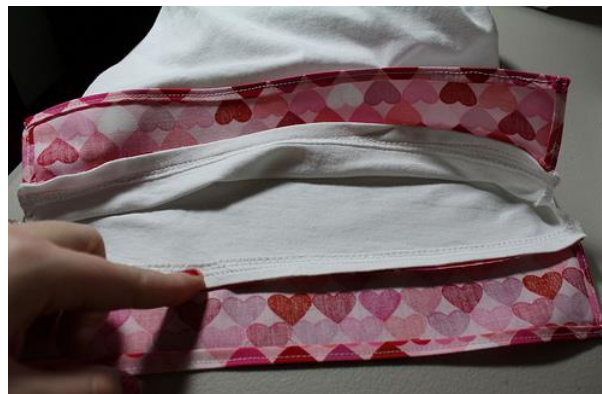
13. Fold up the bottom once, towards the wrong side, and then fold again. Iron. Sew across.



14. Place front flap on, right sides together, and pin. Sew across. Repeat for back flap.



15. Turn seam towards fabric on the inside of the shirt. This will cover the fabric ends and prevent fraying.



16. Sew right over the pushed down seam to hold it in place.





17. Admire your pretty new shirt.



*7 Easy Valentine's Day Sewing Projects*



**A special thanks to our contributors:**

- Disney from [Ruffles and Stuff](#)
- Alexis from Made by Lex
- Rachel from [Holy Craft](#)
- Kalleen from [At Second Street](#)
- Chris from [Pickup Some Creativity](#)
- Ashton 11
- Jessica from [Happy Together](#)

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